

Nuneaton & Bedworth Swimming Club

'Delia Reynolds' Open Meet

For the new ASA window

Affiliated to ASA West Midland Region and Warwickshire ASA
(Under ASA Laws and ASA Technical Rules of Swimming)

Saturday 16th & Sunday 17th March 2019

EVENT: This Meet has been Licensed L3 (3WM190023) by the ASA for Entry into County, Regional and Level 1 and 2 Competitions.

VENUE: The Meet will take place at the Pingles Pool, Avenue Road, Nuneaton, Warwickshire. CV11 4LX.

DATE: Saturday 16th & Sunday 17th March 2019. There are two sessions each day:

Sessions 1 & 3 – 8 am warm up, 9 am start (to be confirmed)

Session - 2 & 4 - time to be determined

Session duration: All sessions approx. 3hrs respectively

Results sheets will be available on-line after the event at www.nun-bed-sc.co.uk

POOL: All distances for this Open Meet will be 50m, 100m, & 200m

25 metre 8 lane Pool with anti-turbulence lane ropes. Electronic timing with 10-line scoreboard is used in conjunction with a computerised result service.

AGE GROUPS: The competition is open to eligible competitors as defined by ASA Laws in the following age groups: 9 years, 10 years, 11 years, 12 years, 13 years, 14 years, 15 years & over (ages as at Midnight 17th March 2019).

ASA event entry conditions for age group swimming will be applied.

SCHEDULE OF EVENTS

SATURDAY 16 th March 2019				SUNDAY 17 th March 2019			
Event No	Event			Event No	Event		
SESSION 1				SESSION 3			
101	GIRLS	100m BACKSTROKE	HDW	301	BOYS	100m BACKSTROKE	HDW
102	BOYS	100m BREASTSTROKE	HDW	302	GIRLS	100m BREASTSTROKE	HDW
103	GIRLS	200m FREESTYLE	HDW	303	BOYS	200m FREESTYLE	HDW
104	BOYS	200m IND MEDLEY	HDW	304	GIRLS	200m IND MEDLEY	HDW
105	GIRLS	50m BUTTERFLY	HDW	305	BOYS	50m BUTTERFLY	HDW
106	BOYS	50m BACKSTROKE	HDW	306	GIRLS	50m BACKSTROKE	HDW
107	GIRLS	200m BUTTERFLY	HDW	307	BOYS	200m BUTTERFLY	HDW
SESSION 2				SESSION 4			
201	GIRLS	50m BREASTSTROKE	HDW	401	BOYS	50m BREASTSTROKE	HDW
202	BOYS	50m FREESTYLE	HDW	402	GIRLS	50m FREESTYLE	HDW
203	GIRLS	100m FREESTYLE	HEATS	403	BOYS	100m FREESTYLE	HEATS
204	BOYS	100m BUTTERFLY	HDW	404	GIRLS	100m BUTTERFLY	HDW
205	GIRLS	200m BACKSTROKE	HDW	405	BOYS	200m BACKSTROKE	HDW
206	BOYS	200m BREASTSTROKE	HDW	406	GIRLS	200m BREASTSTROKE	HDW
207-13	GIRLS	100m FREESTYLE	FINALS	407-13	BOYS	100m FREESTYLE	FINALS

Meet Information

SEEDING: Entries will be seeded into heats based on entry times; the slowest heats will be swum first.

POOLSIDE: Only Swimmers, Coaches, Personal Attendants with a pass and Officials will be allowed on poolside during the Meet. Maximum of Two Pool side Officials per Club per session. Coaches' passes can only be obtained by an affiliated Club at £15.00 per day or £25 per weekend. Coaches Pass Includes Lunch. They **cannot** be purchased on the day of the Meet. Coaches in possession of a coach pass are allowed on poolside during warm ups. Any Coach without a pass will be asked to leave the poolside. Wet swimmers are not allowed in the spectator area.

Where clubs wish to bring a large team, and in order to comply with the ASA supervision guidelines, require additional coaches to attend the meet organiser should be contacted regarding additional coaches passes.

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DBS Check It is the responsibility of the Club applying for coach pass to ensure their team manager and coach is DBS checked and named on the Club's application form. Poolside passes will only be issued to those named by their club.

WARM-UP: The pool will be available for a warm-up during the 1 hour prior to the start of each session.

Stewarding: It is the responsibility of Team Managers and Coaches to ensure that their competitors report to the Stewards in time for the start of their race.

All participants and spectators must observe the safety precautions in operation at the Pingles Pool and must be aware that the use of cameras and camcorders of any kind is not allowed within the building including mobile phones with inbuilt cameras.

Neither Nuneaton & Bedworth Swimming Club nor Everyone Active can be held responsible for loss or damage to spectators' or competitors' property. Competitors are requested to use the lockers in the changing rooms for all large bags & to only bring small drawstring bags onto poolside due to the room available and to ensure that the air vents around the pool do not become blocked – **this is a requirement of the pool management**. If large bags are brought poolside competitors/coaches will be asked to remove them. Competitors & coaches are requested not to leave belongings lying around unattended.

OFFICIALS: Without sufficient licensed ASA officials we will not be able to run this meet, and as importantly, nor will we be able to support requests for mentoring which we are committed to doing. We therefore request that all clubs provide us the name and contact details of at least two fully qualified Officials **to** support with officiating during the Meet.

REFRESHMENTS: Cafeteria plus hot and cold drinks and snacks machines available.

AWARDS: The competitors placed 1st, 2nd & 3rd in each individual event in each age group will receive awards.

ENTRIES:

1. All competitors must be eligible as defined under ASA Laws and may enter events only in their age group. ASA event entry conditions for age group swimming will be applied. All competitors must be registered with the ASA.
2. Entries will be selected on a "First come first served" basis to comply with session timing and bather loading requirements.
3. Competitors diving into the pool must have reached the standard of the ASA Competitive Start Award. Those who have not reached this standard must start in the water.
4. Electronic entry by a SportSystem file is the preferred route. Entries made in this way must be in the format prescribed by the Promoter. Other formats are not acceptable. All SportSystem entries are only accepted once payment has been received.
5. Clubs (or individuals) making entries using SportSystem must obtain the entry file via the website (www.nun-bed-sc.co.uk); or email the Entries Secretary, (nbscspringopen@hotmail.com) for the necessary files and instructions for the completion and return of entries using this method.
6. Clubs with more than 5 swimmers entered in the Meet are required to submit an electronic entry as described in point 5 above.

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7. **Entry fee:** £6.00 for each event entered where made in the SportSystem format or £7.00 per individual event where made on a paper form.

8. Remittances (bank transfer is preferred). Please contact nbscspringopen@hotmail.com for BACS details and reference number. Please advise if you wish to pay by cheque. It will be greatly appreciated if fees for all entries for one Club are consolidated and submitted on a payment together with the Summary Sheet and entry report. Summary sheets should be emailed to: nbscspringopen@hotmail.com

9. Entries that are incomplete, illegible or sent without the correct entry fee may be rejected.

Note that entries will not be processed and accepted until payment has been received and cleared.

10. Entries for this Meet will be held on computer and as required by the Data Protection Act 1998 permission to hold such personal data will be deemed to have been given by the submission of an entry.

11. The Meet will be timed on the submitted entry times. **IT IS THEREFORE VITAL THAT ENTRY TIMES SUBMITTED ARE ACCURATE.**

12. REFUNDS for rejected entries will be made to the Clubs in the first instance at the Meet. Non-collected refunds will then be made by direct bank transfer upon provision of the necessary detail. There will be no refunds for withdrawals after the accepted/rejected entries lists have been published. Refunds for injuries/illness **must** be supported by a Drs note and will payable at the clubs discretion, they must be received before the meet.

NBSC **do not accept** any responsibility for sportssystem files that are entered incorrectly and will not make any changes to times or events entered for swimmers.

13. Official closing date: **Midnight on Sunday 10th February 2019 (or earlier if over-subscribed).**

14. This will be a cardless meet. No cards will be issued prior to the event. All details of acceptance/rejection will be posted on the Club website (www.nun-bed-sc.co.uk); no details will be sent by post. All details must be checked and any errors notified to the meet secretary immediately (nbscspringopen@hotmail.com). Corrections cannot be made on the day of the event.

15. Subsequent amendments to entry times will not be permitted.

16. Over the top & side by side starts may be used.

17. Any swimmer who does not report for an event they have entered without informing the Meet Secretary prior to warm-up will be excluded from swimming in any other event that day.

18. The promoters reserve the right to alter these conditions if necessary, any alterations will be sent for approval by the Regional Licensing Officer prior to the meet, and the amended conditions will be made available on the website. Any matter not covered by these conditions shall be at the promoter's discretion if not covered by ASA Laws or FINA Technical Rules

NOTE: No entries will be accepted without the appropriate fee.

PROMOTER: Karen Vince, (nbscswimming@outlook.com)

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Competition Qualifying Times

Level 3 Licensed Meet – Upper qualifying times - Short Course Pool
(swimmers must be no faster than times below)

ASA age group entry conditions apply.

Boys	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15/over
50 Free	32.90	31.10	29.60	27.90	26.60	25.60	24.80
100 Free	01.12.80	1.07.80	1.03.90	59.80	56.80	54.80	53.60
200 Free	2.35.20	2.26.10	2.18.00	2.09.80	2.03.40	1.59.00	1.56.40
50 Breast	42.90	38.50	36.10	33.80	32.50	31.40	31.00
100 Breast	1.35.10	1.29.30	1.22.70	1.17.20	1.12.30	1.09.50	1.07.30
200 Breast	3.18.00	3.03.00	2.55.00	2.46.00	2.36.70	2.30.20	2.26.10
50 Fly	35.60	34.90	32.80	31.00	29.00	27.70	26.60
100 Fly	1.24.70	1.19.00	1.12.50	1.07.60	1.03.60	1.00.80	58.80
200 Fly	3.15.40	2.54.00	2.38.30	2.28.80	2.20.50	2.14.60	2.09.10
50 Back	37.90	36.00	34.10	30.40	29.40	28.40	26.90
100 Back	1.22.00	1.18.00	1.12.30	1.08.00	1.04.10	1.01.40	59.50
200 Back	2.52.00	2.41.20	2.33.60	2.25.00	2.17.20	2.11.70	2.08.10
200 IM	2.58.10	2.48.10	2.36.80	2.27.90	2.20.70	2.14.60	2.11.20
Girls	9yrs	10yrs	11yrs	12yrs	13yrs	14yrs	15/over
50 Free	32.90	31.40	30.00	28.60	27.90	27.50	27.10
100 Free	1.11.90	1.09.00	1.04.30	1.01.00	59.60	58.60	58.00
200 Free	2.35.20	2.26.50	2.18.40	2.11.00	2.07.60	2.05.90	2.04.40
50 Breast	42.50	41.00	38.50	36.40	35.20	34.50	34.00
100 Breast	1.34.00	1.29.60	1.22.50	1.18.00	1.15.10	1.13.00	1.12.40
200 Breast	3.22.10	3.05.10	2.56.90	2.47.20	2.41.10	2.37.70	2.36.30
50 Fly	35.70	34.80	33.10	31.40	30.50	29.90	29.30
100 Fly	1.23.40	1.19.30	1.12.60	1.08.20	1.06.20	1.04.60	1.04.10
200 Fly	3.08.40	2.56.00	2.39.80	2.29.40	2.24.40	2.20.90	2.18.80
50 Back	36.60	35.90	34.00	32.50	31.60	31.00	29.80
100 Back	1.21.90	1.18.10	1.12.30	1.08.20	1.06.20	1.05.10	1.04.10
200 Back	2.53.90	2.42.20	2.32.50	2.25.00	2.21.50	2.19.20	2.16.90
200 IM	2.57.40	2.47.40	2.36.30	2.28.20	2.24.70	2.22.10	2.20.50